Payment Mode:

I have, hereby, paid $/€/INR_____ as an amount in favour of conference fee for the 5th Body, Mind and Life Conference, 2017.

Cash Receipt No. _____

Bank Transfer No. _____

Bank Details:

Payment through Bank from overseas:

In favor of:- Men-Tsee-Khang,
State Bank of India,
Account # 10551097534
Swift Code # SBININBB277
Branch Code # 0634 Dharamsala

Payment within India:

In favor of:- Men-Tsee-Khang,
State Bank of India,
Account # 10551097534
IFS Code # SBIN0000634

Signature : _____

Date: _____

Mail to :

BODY, MIND & LIFE DEPARTMENT
Men-Tsee-Khang, Potala Road
Dharamsala - 176215
Distt. Kangra (Himachal Pradesh)
INDIA

Email : bodymindlife@men-tsee-khang.org

Provisions :

- Simultaneous translation into English and Tibetan.
- Lunch and refreshment.
- Conference manual and stationary kit.
- Certificate of participation.
- On 2nd day, cultural show and dinner.

Tibetan Medical & Astro. Institute
of
His Holiness the XIV Dalai Lama

Conference Venue: Men-Tsee-Khang, Dharamsala, India

Estd. by the XIII Dalai Lama in Tibet in 1916. Re-established by the XIV Dalai Lama in India in 1961

5th Conference on Body, Mind & Life

4 - 6 October, 2017
Venue :- Dharamsala, India

Body, Mind and Life Department

བོད་ཀྱི་སྨན་རྩིས་ཁང་།
Men-Tsee-Khang

www.men-tsee-khang-cn.org (Chinese) www.mentsee.org (Tibetan) www.men-tsee-khang.org (English)

Introduction to Body, Mind & Life Conference

1. Nature of the Conference

Since its inaugural in the year 2013, the Body, Mind and Life Conference has been organized every year at Men-Tsee-Khang, Dharamsala. This international level conference has been seeing more than 300 participants every year from both inside and outside India. The participants gain access to different perspectives of knowledge related to mental healthcare from reknowned scholars. We at the department, believe that in this materialistic age, the promotion of optimal mental healthcare services to humanity has equal importance and stature as does the more researched aspect of physical healthcare. The conference lasts for three days across which perspectives from traditional Tibetan Medicine, Buddhist Philosophy, Tibetan Astro-science and also others from Modern Science, different religious and medical systems are shared on a single platform related to body, mind and life.

2. Brief History

a) In 2013, the Inaugural Body, Mind & Life Conference saw 19 scholars colloquium on topics : The Nature of Body, Mind and Life; their Seeds; their Relationships; their Disturbing Factors and Remedies; and their Restoration and Maintenance. The conference had 350 participants.

b) In 2014, the 2nd Body, Mind & Life Conference saw 11 scholars from Buddhist psychology, Ayurveda, Unani, Siddha, Chinese systems of medicine and Modern psychology. The conference has gathered more than 380 participants from 14 different countries.

c) In 2015, the 3rd Body, Mind & Life Conference saw 8 scholars from Buddhist philosophy, Tibetan medicine, Tibetan astro-science and Modern science were invited to discuss on the thematic topic; Disturbing Factors and Remedies for Disorders of Mental Health. The conference had 310 participants.

d) In 2016, the 4th Body, Mind & Life Conference is held where 2 scholars each from the field of Tibetan medicine, Tibetan astro-science, Buddhist philosophy, and Modern science were invited to speak on the topic; Causes, Conditions and Remedies of Depression. The conference had 311 participants.

3. 5th Body, Mind & Life Conference, 2017

is scheduled to be held from 4 - 6 October, 2017. Two speakers each from the fields of Buddhist Psychology, Tibetan Medicine, Tibetan Astro-science and Modern Science will be invited to speak on the topic; **Prevention of Mental Disorder.**

Topic

Prevention of Mental Disorder

Presentation/Q & A Session Timing

** Presentation by a Speaker - 30 mins.*
** Q & A Session between the Speakers - 20 mins.*
** Q & A Session with the participants - 40 mins.*

Day 1- Wednesday, October 4, 2017

Topic :- Prevention of Mental Disorder

Morning Session - 9 : 00 AM - 12: 15 PM

**** Opening Ceremony from 9 : 00 AM - 10 : 30 AM***

1) Buddhist Psychology Perspective

After Noon Session - 2 : 00 PM - 5 : 15 PM

2) Tibetan Medicine Perspective
3) Tibetan Astro-science Perspective

Day 2 -Thursday, October 5, 2017

Topic :- Prevention of Mental Disorder

Morning Session - 9 : 00 AM - 12 : 20 PM

4) Modern Science Perspective
5) Buddhist Psychology Perspective

After Noon Session - 2 : 00 PM - 5 : 15 PM

6) Tibetan Medicine Perspective

Day 3 - Friday, October 6, 2017

Topic :- Prevention of Mental Disorder

Morning Session - 9 : 00 AM - 12 : 20 PM

7) Modern Science Perspective
8) Tibetan Astro-science Perspective

After Noon Session - 2 : 00 PM - 5 : 00 PM

* Panel Discussion
* Closing Ceremony from 4 : 00 PM - 5 : 00 PM

REGISTRATION FORM

5th Body, Mind & Life Conference, Dharamsala
4 - 6 October, 2017

Personal Information:

Full Name : _____ _____ _____
First Middle Last

Date of Birth :_____(dd/mm/yyyy)

Gender: Male ☐ Female ☐

Profession : _____

Nationality : _____

Passport No. : _____Valid Till : _____

Postal Address : _____

District : _____ State :_____

Zip/Pin : _____Country : _____

E-mail: _____

Phone : _____

Important note:

1. Please provide 2 passport size photos.
2. Accommodation and travel expenses should be borne by the participants.
3. Last date of registration is on September 7, 2017.
4. Please report your arrival to the Body, Mind and Life Dept. on Tuesday, October 3, 2017.
5. Cancellation charge @ 50% applicable until one day prior to the conference schedule and no refund after that.

Registration Category:

- Foreign Students/Participants: **150 USD or equivalent.**
- Participants from India/Bhutan/Nepal: **INR 3,500.**
- Monks/Nuns/Students from India,Bhutan & Nepal: **INR 1,500.**
  (Attach recommendation letter from the respective School/Monastery/ Nunnery/ University to receive the concessional rate.)
- TMAI doctors, astro-science practitioners and students registration to be paid by the administration.