

Payment Mode:

I have, hereby, paid \$/€/INR _____ as an amount for conference fee for the Body, Mind and Life Conference, 2016.

Cash Receipt No. _____

Bank Transfer No. _____

Bank Details:

Payment through Bank from overseas:

In favor of:- Men-Tsee-Khang,
State Bank of India,
Account # 10551097534
Swift Code # SBININBB277
Branch Code # 0634 Dharamsala

Payment within India:

In favor of:- Men-Tsee-Khang,
State Bank of India,
Account # 10551097534
IFS Code # SBIN0000634

Signature : _____

Date: _____



Tibetan Medical & Astro. Institute of His Holiness the XIV
Dalai Lama



Conference Venue: Men-Tsee-Khang, Dharamsala, India



(Estd. by the XIII Dalai Lama in Tibet in 1916. Re-established
by the XIV Dalai Lama in India in 1961)

4th Conference

on

Body, Mind & Life

12 - 14 October, 2016

Venue :- Dharamsala, India



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Men-Tsee-Khang

Introduction to Body, Mind & Life Conference

Mental health, mental illness and mental disorder in today's time is gaining more importance due to its socio and economic factors. Governments are keen to invest and individuals are taking interest on the subject. As the rate of mental problems are increasing day by day a new scope of occupation and opportunities are growing. Research and publication are being done, conferences and workshops are being held and new institutions are being opened. This conference too is one of its kind.

At the Body, Mind and life department of Men-Tsee-Khang, we aim to provide optimum mental healthcare services to humanity keeping in mind of healthy bodily structure. We believe that the prevalence of mental problems are far more prominent than the physical problems. We try to find the root cause of mental suffering and the means and methods to overcome as well. Our perspectives are based on Buddhist philosophy, Tibetan medicine and Astro-Science. However, we do not limit ourselves to our own principles but we integrate with other conventional and modern sciences. Body, Mind and Life Conference is one such platform where different scholars from different fields of knowledge are invited to discuss on matters related to the upliftment of our Body, Mind & Life.

In 2013, an inaugural Body, Mind and Life Conference saw 19 scholars colloquium on topics : The Nature of Body, Mind and Life; their seeds; their relationships; their disturbing factors and remedies; and for their healthy restoration and maintenance.

In 2014, 2nd Body, Mind and Life Conference saw 11 Scholars from Buddhist Psychology, Ayurveda, Unani, Siddha, Chinese systems of medicine and Modern Psychology. The conference has gathered more than 380 participants from 14 different countries.

In 2015, during 3rd Body, Mind and Life Conference, 8 Scholars from Buddhist Philosophy, Tibetan Medicine, Tibetan Astro-Science and Modern Science were invited to discuss on thematic topic; Disturbing Factors and Remedies for Disorders of Mental Health.

In 2016, 4th Body, Mind & Life Conference is scheduled to hold, where 2 each scholar from the field of Tibetan Medicine, Tibetan Astro-Science, Buddhist Philosophy, and Modern Science will be invited. The topic of discussion will be: **Causes, Conditions and Remedies of Depression.** As we all are aware of its consequences varying from domestic to national level and international at large, hence it will be very interesting to see how this conference could actually contribute towards mental well being of humanity and healthy global environment.

Topic

Depression... Its Causes, Conditions and Remedies.

Presentation and Q & A Session Timing

- * Presentation by the Speaker - 30 mins.
- * Q & A Session with the Speakers - 20 mins.
- * Q & A Session with the participants - 40 mins.

Day 1 - Wednesday, October 12, 2016

Topic :- Depression - Its Causes, Conditions & Remedies

Morning Session - 10 : 00 AM - 12 : 15 PM

- * Opening Ceremony from 10 AM - 10 : 30 AM
- 1) Buddhist Philosophy Perspectives

After Noon Session - 2 PM - 5 : 15 PM

- 2) Tibetan Medicine Perspectives
- 3) Tibetan Astro-Science Perspectives

Day 2 - Thursday, October 13, 2016

Topic :- Depression - Its Causes, Conditions & Remedies

Morning Session - 9 AM - 12 : 30 PM

- 4) Modern Science Perspectives
- 5) Buddhist Philosophy Perspectives

After Noon Session - 2 : 30 PM - 4 : 00 PM

- 6) Tibetan Medicine Perspectives

Day 3 - Friday, October 14, 2016

Topic :- Depression - Its Causes, Conditions & Remedies

Morning Session - 9 AM - 12 : 30 PM

- 7) Tibetan Astro-Science Perspectives
- 8) Modern Science Perspectives

After Noon Session - 2 : 30 PM - 4 : 30 PM

- * Case Study Presentation on Topic
- * Panel Discussion
- * Closing Ceremony from 4 PM - 4 : 30 PM

REGISTRATION FORM

4th Body, Mind & Life Conference, 2016
(Wednesday, October 12 - Friday, October 14, 2016)

Personal Information:

Full Name : _____
First Middle Last

Date of Birth : _____ (dd/mm/yyyy)

Gender: Male Female

Profession : _____

Nationality : _____

Passport No. : _____ Valid Till : _____

Postal Address : _____

District : _____ State : _____

Zip/Pin : _____ Country : _____

E-mail: _____

Phone : _____

- Provide two passport size photos
- Accommodation and travel expenses should be borne by the participants
- Last date of registration is on September 15, 2016
- Please report your arrival to the Body, Mind and Life Dept. on Tuesday, October 11, 2016
- Cancellation charge @ 50% applicable until one day prior to the conference schedule and No refund after that.

Registration Category:

- Foreign Participants: 150 USD or equivalent
- Participants from India/Bhutan/Nepal: INR 3,500
- Monks/Nuns/Students from India/Bhutan/Nepal: INR 1,500
(Attach recommendation letter from the respective School/Monastery/ Nunnery/ University to receive the concessional rate)
- TMAI doctors, astro-science practitioners and students registration to be paid by the administration

